



## Boswellia Complex

Give yourself the joint support you need for an active, independent lifestyle



## Delivering Health Solutions That Work

MediHerb was co-founded in 1986 by world-renowned phytotherapist, Associate Professor Kerry Bone. In his words, "Our passion at MediHerb is to unlock the healing power of plants by combining the time-honored wisdom of traditional knowledge with sound clinical experience and the rigor of scientific research. This quest can only be attained by the total commitment to quality and continuous improvement which permeates every aspect of our endeavors."

In over 25 years of operation MediHerb has not only demonstrated an unwavering commitment to quality in herbal products, we have redefined it. We believe our unique approach to quality sets a standard for herbal products that is unsurpassed in the world today.

Kerry Bone and over 20 health care professionals work within MediHerb while still maintaining their own clinical practices. We know from our experience that the quality of a product you take makes a huge difference to the health outcome you experience. We dedicate ourselves to researching and making the best possible products to deliver you health solutions that work.



[www.mediherb.com](http://www.mediherb.com)



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Insurance for Healthy Joints



Boswellia Complex



# Boswellia Complex – Insurance for Healthy Joints

For an active, independent lifestyle, nothing is more important than maintaining healthy joints. Boswellia Complex is a powerful herbal supplement that may help.

## What is Boswellia Complex?

Boswellia Complex contains four key herbs which are well known to support healthy joints. Boswellia gum oleoresin, Celery Seed, and the rhizomes of Ginger and Turmeric, all have a long history of use in traditional systems of healing and are well supported by modern scientific research.

## Boswellia Complex and Joint Health

Your joints may need support for a variety of different reasons – you may be overly active or not quite active enough, joint issues may ‘run’ in the family or it may simply be that you are getting older. Whatever the reason, Boswellia Complex is the support you need.

Each herb in Boswellia Complex has specific yet complementary functions that work synergistically to benefit the body’s normal inflammation response.

A clinical trial of 30 patients with knee joint discomfort who took Boswellia extract showed a highly significant decrease in knee tenderness, increased ability to bend their knees and increased walking distance.<sup>1</sup>

## Who Needs Boswellia Complex?

Anyone who wants to support healthy joints and maintain their active lifestyle should consider Boswellia Complex. It is safe and effective, suitable for all people of all ages, for long and short term use and highly recommended for athletes and people who are very active. Ask your health care professional to develop an individualized joint support plan for you. For even better results, speak to your health care professional about the additional benefit of using Boswellia Complex together with the musculoskeletal products available from Standard Process.

## How is Boswellia Complex Unique?

Herbs are naturally complex and their chemical composition can vary greatly, even from plant to plant of the same species. MediHerb sources only the highest quality herbs and tests them extensively to ensure they contain the correct levels of the right chemical compounds appropriate to the herb.

In Boswellia Complex, both the Boswellia and Turmeric contain guaranteed levels of specific chemical compounds to ensure potency. For example, clinical trials have proven that the important boswellic acids in Boswellia are effective at a daily dose of 540 mg. This is equivalent to the suggested use of 3 Boswellia Complex tablets daily.



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## Compelling Benefits

MediHerb’s Boswellia Complex is effective in supporting and maintaining healthy joints. It contains a unique blend of Boswellia (1.9 g), Turmeric (2.0 g), Celery Seed (1.0 g) and Ginger (300 mg) per tablet. The herbs in Boswellia Complex work synergistically to:

- Maintain and support healthy joints
- Support healthy circulation
- Provide antioxidant protection
- Support healthy response to environmental stresses
- Promote the body’s normal resistance function
- Support the normal kidney function to clear acidic waste products effectively\*

Boswellia Complex is safe to use every day.

Ask your health care professional today if Boswellia Complex is the right product for you. They will also inform you of any cautions to be aware of when taking this product.

<sup>1</sup> Kimmatkar N, et al. *Phytother*. 2003 Jan;10 (1): 3-7

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

You Can Rely on Boswellia Complex