Could Your Child Be Healthier?

Like most parents, you worry about your child. Are they meeting developmental milestones? Do they have good friends? But foremost on many parent's minds is whether their child is eating properly and getting enough nutrition from what they eat. Finicky eater or not, the quality of food a child eats may directly affect their growth and development and the ability of their body to ward off environmental stresses.

One way to reach your child's nutritional goals is by turning to Standard Process' line of child-friendly whole food supplements. We care about the health of your child and want them to grow and develop to be happy, healthy adults, so each supplement is formulated to get your youngster on the road to health through proper nutrition.





Calcium Lactate and Cyrofood Powders offer a great alternative to those unable to swallow tablets or capsules. Mix them with milk or fruit juices, add them to shakes to create a nutritious drink, or sprinkle on fruits like applesauce or vegetables.

Your child can benefit from Standard Process' line of children's whole food supplements. Ask your child's health care professional about a supplementation program that can meet your child's nutritional needs for their stage of growth. For recommended daily allowances (RDAs) for children under 4, please visit our website at www.standardprocess.com.

From Seed to Supplement®

At our office, we believe that given the proper nutrition, your body has the amazing capability of keeping itself healthy. We also believe that nutrition should be individualized to meet each patient's needs.

For these reasons and many more, we proudly recommend Standard Process whole food supplements.

Proper Growth Comes from Proper Nutrition





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Sundard Process Supplements for Children's Growing Nutritional Needs

These children's products are for children four years old and up. They contain a multitude of nutrients that keep kids healthy.



Catalyn® Chewable (naturally cherry-flavored)

All kids are active and need nutritional support. Catalyn provides nutrients as nature intended, in a whole food form. Containing approximately 15 different whole food sources, your child receives many vitamins, minerals, and phytonutrients, rather than isolated ingredients. Catalyn can serve as the foundation of your child's nutritional supplementation program by:

- Assisting with new cell growth
- Supporting carbohydrate metabolism, so your child can use this fuel for energy
- Supporting healthy immune function
- Helping metabolize folic acid for proper brain development
- Encouraging enzyme activity for energy production
- Contributing to overall cardiac health*



Chewing these products aids in digestion and absorption of nutrients. However, if children do not wish to chew these products, the tablets can be ground and then added to milk or yogurt.

Congaplex® Chewable (naturally raspberry-flavored)

So where do you turn when your child is feeling the effects of seasonal stresses? Congaplex! It's a special formulation that can handle your child's challenged immune system and it works well in supporting the upper respiratory tract.

- Bovine thymus Cytosol™ extract supports the child's thymus gland function, the key immune gland
- Calcium lactate and magnesium citrate also assist the immune system in phagocytosis—when white blood cells engulf and devour microscopic invaders
- Ribonucleic acid helps build new healthy cells*



If your child is not able to swallow capsules, open up the SP Green Food capsule and shake on your child's favorite food, such as soup, yogurt, applesauce, popcorn, etc. Adding it to snacks is also a great way to increase the nutrient value.

Calcium Lactate Powder

Nothing is more important than building a strong foundation for a growing body. Calcium comprises over 98% of the mineral component of bone and tooth structure. To ensure your child gets the calcium needed, supplement with Calcium Lactate Powder, which:

 Contains calcium lactate and magnesium citrate that are easily absorbed and used by the body.
 Provide support for bone formation and growth, muscle contraction, nerve conduction, and energy metabolism*

Cyrofood® Powder

Sometimes kids need a little extra skeletal and fiber support. That's where Cyrofood comes in. It combines the ingredients in Catalyn with protein and amino acids from bone to help balance the diet and support and maintain healthy tissue. It also contains fiber from whole food sources to encourage healthy intestinal function.*

SP Green Food™

Getting greens in your child's diet can be challenging—unless you have SP Green Food. It contains Brussels sprouts, kale, buckwheat, barley grass, and alfalfa that come straight from our certified organic farm. These vegetables act as antioxidants, sweeping free radicals away from the body. In addition, SP Green Food supports normal growth and development, protects cells from abnormal growth and division, and enhances immune system response.*



Tuna Omega-3 Chewable (naturally orange-flavored)
Fish for dinner makes most kids cringe. To give kids the benefits of fish, try Tuna Omega-3
Chewable. Fish, especially cold-water fish like tuna, contain important omega-3 essential fatty acids (EFAs), DHA and EPA, which:

- Provide support for proper early brain and nervous system development (including the eyes)
- Enhance learning and cognitive functioning
- Promote healthy emotional response and mood
- Support healthy circulation and a healthy heart

Tuna Omega-3 Chewable also contains:

- Vitamin D to help maintain healthy bones and teeth and support a strong immune system
- Vitamin E to protect against free radical damage*

We believe in a safe, effective product. That is why we test Tuna Omega-3 Chewable for contaminants (PCBs, mercury, etc.) to ensure the product is safe for your child.

