

# Quality

*From Seed to Supplement®*

*At our office, we believe that given the proper nutrition, your body has the amazing capability of keeping itself healthy. We also believe that nutrition should be individualized to meet each patient's needs.*

*For these reasons and many more, we proudly recommend Standard Process whole food supplements.*

# START HERE

## for Daily Nutrition



## 2 Options

## TO FIT YOUR LIFESTYLE

*Your Health Is Valuable*

AND THE REWARDS FOR BEING HEALTHY ARE MANY!

Ask your health care professional about these products—available for individual purchase or in convenience packs.

\*These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



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# Start with Standard Process

## FIRST STEP TO A HEALTHY FOUNDATION

*Imagine yourself in the retail aisle at your local vitamin store. You look around at the sea of supplements. Where do you start? Do you try the latest fad, or do you stick with the basics?*

Your health care professional has a simple, convenient solution that will help you build a foundation for a healthier lifestyle. This trio of products provides the vitamins, minerals, and essential fatty acids you need every day:

### CATALYN®

- ◆ Supplies multiple vitamins and minerals from whole foods for complete, complex nutritional supplementation
- ◆ Designed to bridge the nutritional gaps in your diet\*

### TRACE MINERALS-B<sub>12</sub>™

- ◆ Contains a spectrum of trace minerals (iron, iodine, zinc, copper, and manganese) that support a healthy body
- ◆ Provides iodine, which is required for healthy thyroid, spleen, and red blood cell functioning
- ◆ Among other functions, trace minerals support:
  - Ligament, cartilage, and bone structure
  - Immune and thyroid function
  - Fat metabolism
  - Calcium utilization\*

### TUNA OMEGA-3 OIL

- ◆ Delivers essential omega-3 fatty acids, including DHA and EPA
- ◆ Supports normal lipid profiles
- ◆ Supports the body's natural inflammatory response
- ◆ Provides antioxidants
- ◆ Supports cognition and emotional balance
- ◆ Supports healthy skin and hair\*

### Whole Foods and the Whole Body

You may be new to whole food supplements. The ingredients are simple, and they contribute the full complexity of vitamins and minerals from foods—something you won't find in most retail supplement brands. The formulas for our supplements supply what the body needs in a form that's easily used by the body.



*Talk to your health care professional about the benefits of whole food supplementation. Along with a healthy diet, these products may be just what you need to meet your nutritional goals.*



### DAILY FUNDAMENTALS CONVENIENCE PACKS

#### *Making Healthy Choices Less Complicated*

It's challenging to keep up a supplement regimen, so we've developed the General Health Daily Fundamentals convenience packs. Each box contains a 30-day supply of Catalyn, Tuna Omega-3 Oil, and Trace Minerals-B<sub>12</sub>. It's maintenance made easy.

