

DIM[®] *Enhanced Delivery System*

DIM[®] Products Available:
Vitex PMS Formula
Palmetto Prostate Formula
Enhanced Delivery System

*The only absorption-enhanced formulation of diindolylmethane (DIM[®]) that is patented, clinically tested and physician endorsed.**

DIM[®]

A BETTER CHOICE FOR ESTROGEN METABOLISM!

Research over the past thirty years has determined that healthy estrogen metabolism is closely linked to several healthy parameters in both men and women, particularly involving the breast, uterus, and prostate.* Genetics, excess weight, poor diet and other lifestyle factors may result in an imbalance of estrogen metabolites. Xenoestrogenic compounds, such as organochlorine pesticides, can also significantly disrupt healthy estrogen metabolism.

DIM[®] Enhanced Delivery System contains BioResponse DIM[®], a unique formulation containing pure diindolylmethane, an indole. Indoles are plant compounds with health promoting properties, and are found in cruciferous vegetables.*

The phytochemicals in cruciferous vegetables have been shown to beneficially affect the body's hormonal and detoxification systems, and epidemiological studies support the health benefits of consuming these vegetables.* DIM[®] is a major active acid-catalyzed derivative of one of the phytochemicals in cruciferous vegetables, indole-3-carbinol (I3C). DIM[®] is thought to be responsible for the health effects of dietary I3C*.

It is becoming increasingly apparent that DIM[®] may provide an important mechanism for supporting successful aging despite the increasing levels of xenoestrogenic compounds in our modern world.*

Allergy Research Group

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www.allergyresearchgroup.com

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DIM® Enhanced Delivery System 120 vegetarian capsules, #74140

DIM® Enhanced Delivery System contains BioResponse DIM®, a unique formulation containing pure diindolylmethane. DIM® has been shown to help regulate and promote a more efficient metabolism of estrogen, by supporting the body in metabolizing estrogen into more of the protective 2-hydroxyestrone rather than the problematic 16-hydroxyestrone.* DIM® Enhanced Delivery System is a stable bioavailable form of DIM®, made possible through a proprietary delivery system. The formula is co-solubilized with phosphatidylcholine, and microencapsulated in starch particles.

Four vegetarian capsules contain:

BioResponse DIM® (A patented diindolylmethane complex: starch, DIM (25% min.), Vitamin E succinate, phosphatidylcholine (soy), silica)300 mg

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

Suggested Use

As a dietary supplement, 2 to 4 capsules one or two times daily, or as directed by a healthcare practitioner.

CAUTION: Do not use this product if you are pregnant or lactating, or using birth control pills. Harmless changes in urine color may occur. Increased water consumption reverses this side effect.

DIM® Palmetto Prostate Formula 60 softgels, #74190

A complex of DIM®, saw palmetto, stinging nettles, beta-sitosterol, lycopene and pumpkin seed oil.

Two softgels contain:

Zinc (as Zinc Citrate)10 mg
Pumpkin Seed Oil.893 mg
Saw Palmetto (Berries) Extract (standardized to 85-95% Fatty Acids)320 mg
BioResponse DIM® (A patented diindolylmethane complex: starch, DIM (25% min.), Vitamin E succinate, phosphatidylcholine (soy), silica)300 mg
Stinging Nettle (Root) Extract 16:1300 mg
Beta-Sitosterol120 mg
Lycopene15 mg

Other ingredients: Gelatin, glycerin, water, yellow beeswax, carob extract, zinc oxide.

Suggested Use

As a dietary supplement, 2 softgels daily with food, or as directed by a healthcare practitioner.

CAUTION: Do not use this product if you are pregnant or lactating, or using birth control pills. Harmless changes in urine color may occur. Increased water consumption reverses this side effect.

DIM® Vitex PMS Formula 60 vegetarian capsules, #74720

DIM® combined with Vitex and Green Tea Extract, this formula offers extra nutritional support for healthy estrogen metabolism.*

One vegetarian capsule contains:

BioResponse DIM® (A patented diindolylmethane complex: starch, DIM (25% min.), Vitamin E succinate, phosphatidylcholine (soy), silica)75 mg
Green Tea Extract decaffeinated (standardized to 60% Catechins)600 mg
Chaste Tree (*Vitex agnus-castus*) (Berries) Extract20 mg

Other ingredients: Hydroxypropyl methylcellulose, L-leucine.

Suggested Use

As a dietary supplement, 1 capsule two times daily with meals, or as directed by a healthcare practitioner.

CAUTION: Do not use this product if you are pregnant or lactating, or using birth control pills. Harmless changes in urine color may occur. Increased water consumption reverses this side effect.



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