

ProBerry-Amla®

Beyond Berry Concentrates



Item #56550, 265 grams (9.27 oz)
Item #56590, Box of 15 Stick Packs

The Key Features of ProBerry-Amla®, a Dietary Supplement

- Rich in Amla, one of the most revered Ayurvedic “Rasayana” botanicals.*
- Provides a diverse range of micronutrients, including antioxidant-rich bioflavonoid pigments.*
- Berries also are rich sources of soluble fiber and vitamin C.*
- ProBerry-Amla® provides probiotics and extra fiber as well.
- An invigorating and refreshing red-blue-purple-berry Superfood.*

Description

ProBerry-Amla® is an all-natural blended Berry and Fruit powder, an invigorating and refreshing red-blue-purple-berry Superfood.* ProBerry-Amla® provides a variety of fruit and berry extracts, including the Indian superfruit **Amla** ("Amalaki", or Indian Gooseberry), Chinese fruits **Jujube** and **Gojiberry**, **Pomegranate**, **Acai**, **Bilberry**, **Aronia Berry**, **Raspberry**, **Strawberry**, and **Maqui**. The formula is completed with **Acerola Cherry**, **Grape Seed Proanthocyanidins**, friendly **Probiotic bacteria**, and **fibers**.

Amla is one of the most revered fruits in Indian culture.* In the ancient Ayurvedic tradition, Amla is considered a primary example of a "Rasayana" botanical, something which supports the overall optimal functioning of the body, similar to an adaptogen.* Rasayanas positively support many systems in the body and are able to provide benefit regardless of age or state of health.* For thousands of years, Ayurveda has utilized Amla to enhance digestion and absorption of food, while also supporting liver detoxification and elimination.*

The ingredients in ProBerry-Amla® provide a diverse range of micronutrients and phytochemicals, especially bioflavonoid pigments and other polyphenols that may

support reduction of oxidative stress and healthy circulation.* Amla contains vitamin C and other antioxidant metabolites.* Purple-blue berries acai, bilberry, and aronia contain anthocyanins, naturally occurring bioflavonoid pigments known to have powerful antioxidant activity which may help to maintain the structural integrity of the blood vessels, including the capillaries.* Pomegranate contains the antioxidant polyphenols ellagitannin and punicalagin.* Goji berries have been used for thousands of years in the Chinese and Tibetan traditions, and contain beta-carotene and zeaxanthin.* Raspberries and strawberries contain ellagic acid and quercetin.* Grape seed extract contain oligomeric proanthocyanidins (OPCs), whose antioxidant properties support healthy circulation.* Mucilaginous Jujube fruit is used traditionally in China to help handle stress and for soothing.*

All the berries contain minerals and vitamins including significant amounts of vitamin C, and are also rich sources of soluble fiber.* Acerola, also known as Barbados cherry, is especially rich in vitamin C.

ProBerry-Amla® makes a perfect complement to our best-selling ProGreens® - take one in the morning and one in the afternoon, or mix them together!

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

CONTAINS NO refined sugar, corn syrup, maltodextrin, stevia, acacia gum, rice,

wheat, corn, gluten, yeast, dairy, eggs, fish, crustacean shellfish, tree nuts, or peanuts.

Serving Size: 1 Scoop 8.8 grams (#56590: 1 Packet 8.8 grams)

Servings Per Container: 30 (#56590: 15)

Amount Per Serving:

Calories	38
Calories from fat	11
Total fat	1.4 g
Saturated fat	0.3 g
Sodium	4.4 mg
Total carbohydrates	6.6 g
Dietary fiber	1.5 g
Sugars	1.8 g
Protein	0.3 g
Vitamin A	5.8 IU
Calcium	10 mg
Iron	0.3 mg
Vitamin C (Ascorbic acid)	61.5 mg
Amla (Fruit)	2000 mg
Acerola (Fruit) Extract 4:1	750 mg
Acai (Berry) Extract 4:1	600 mg
Jujube (Fruit) Extract 6:1	500 mg
Gojiberry Extract 40%	300 mg
Pomegranate (Fruit) Extract 5%	200 mg
Strawberry (Fruit) Powder	200 mg
Raspberry (Fruit) Concentrate	175 mg
Raspberry (Fruit) Powder	100 mg
Aronia (Berry) Extract 2:1	100 mg
Bilberry (Fruit) Extract 25%	50 mg
Maqui (Fruit) Juice Extract	20 mg
Grape (Seed) Extract (95% Proanthocyanidins)	10 mg
Lecithin	2000 mg
Apple Fiber	1565 mg
Apple Pectin	25 mg
<i>Lactobacillus sporogenes</i>	6 billion

Other ingredients: Guar gum, malic acid, licorice extract, silicon dioxide.

Suggested Use: As a dietary supplement, 1 scoop (or packet) one or two times daily, or as directed by a healthcare practitioner. Mix with 2-4 ounces of cold water or juice.

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