

Optimal EFAs Caps®

Product # 1407

120 Softgel Capsules

Supplement Facts

Serving Size: 2 Softgel Capsules

Servings Per Container: 60

	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%†
Saturated Fat	0 g	0%†
Cholesterol	5 mg	2%
Proprietary Blend	2 g	
Fish oil		*
Flax Seed oil		*
Borage oil		*

† Percent Daily Values based on a 2,000 calorie diet

* Daily Value not established

Other ingredients: Capsule shell (gelatin, glycerin, water and carob), mixed tocopherols, rosemary extract and ascorbyl palmitate.

Contains ingredients derived from sardine and/or anchovy.

Each serving of Optimal EFAs Caps® provides:

ALA (Alpha-Linolenic acid)	280 mg
EPA (Eicosapentaenoic acid)	159 mg
DHA (Docosahexaenoic acid)	105 mg
GLA (Gamma-Linolenic acid)	112 mg
Oleic acid	204 mg

This product is gluten and dairy free.

RECOMMENDATION: Two (2) softgel capsules two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

Caution: Not recommended for pregnant women.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

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